



AFTERNOON ACTIVITIES

1. POLOLETÍ
2025/2026



UMĚLECKÁ MALBA 1,2 – Nikola Žamberská

Embark on a creative journey with professional and motivating guidance. Children will explore a variety of painting techniques such as acrylics, oils, watercolors, charcoal, pastels, chalk, dripping, and water-wash painting. They will also experiment with silver and gold leaf and learn to use different art tools like palettes, easels, brushes, spatulas, and sponges. The course covers many genres – figure, portrait, still life, landscape, abstraction, and basic illustration – offering a truly inspiring artistic experience.

Important: Children need clothes they can get messy to protect their school uniforms.

Art Painting 1 is intended for students in Grades 1–2 – Wednesday, 14:00–15:00

Art Painting 2 is intended for students in Grades 3–5 – Wednesday, 15:00–16:00

Price: 450 CZK / lesson

ART CLUB 1,2 – Davona Townsend Galetová, Erica Yamane

Art Club is a mix of different artistic techniques and styles. Each week brings a new theme and a different creative method. Children will explore 3D projects, painting, drawing, and printmaking. Please note: the club is conducted entirely in English.

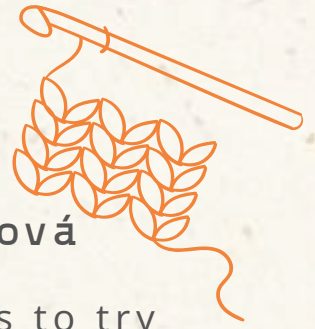
Important:

Art Club 1 is for Grades 1–2 – Monday, 14:10–15:55
– led by Davona Townsend Galetová

Art Club 2 is for Grades 3–5 – Monday, 15:00–15:45
– led by Erica Yamane

Price: 120 CZK / lesson





CROCHET CLUB– Devona Townsend Galetová

Crochet Club is open to everyone who wants to try or improve working with a hook and yarn. Together, we will learn both basic and advanced crochet techniques and create beautiful, original decorations, accessories, toys, or practical items for everyday use. Along with making things, we will also enjoy a friendly and supportive atmosphere where we can share ideas, inspire each other, and develop our creativity. The club is suitable for complete beginners as well as for those who already have some experience with crochet.

Important:

Crochet Club is intended for students in Grades 3–5
– Thursday, 14:10–14:55

Price: 150 CZK / lesson

CERAMICS 1, 2 – Courtney Campbell

What brings more joy than when a child creates their own sculpture, animal figure, or even a mug? With clay, imagination knows no limits. Ceramics is one of the oldest crafts in human history and, for children, it develops sensitivity, perception, and fine motor skills. In this club, students will explore different ceramic techniques, decorate with glazes and slips, and most importantly – create and fire their own unique works. Clay can be discovered and transformed endlessly!

Important: Children need old clothes to change into, so they don't stain their school uniforms.

Ceramics 1: Grades 1–2 – Tuesday, 14:10–15:10

Ceramics 2: Grades 3–5 – Tuesday, 15:10–16:10

Price: 220 CZK / lesson





FOOTBALL 1 – Laura Mees

The Football Club is for children who want to regularly meet friends and enjoy the most popular team sport. Each session helps develop speed, agility, and overall coordination. Students will learn basic football skills – ball control, passing, dribbling, and shooting – through group games, races, and matches. They will also practice the rules of the game, promoting fair play and teamwork.

Important: Students must wear sports clothes and appropriate footwear.

Football 1 is intended for students in preschoolers and Grades 1-2 – Thursday, 14:10-14:55 – Laura Mees

Price: 120 CZK / lesson

FLOORBALL– SPARTA KIDS

Do you love sports and fun, and want to learn floorball? Our new Floorball Club is perfect for you! Whether you're a beginner or more experienced, we teach in a way that's enjoyable and engaging.

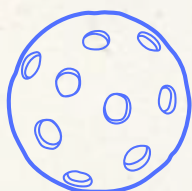
Places are limited, so don't wait and sign up soon. The club is led by licensed coaches with extensive experience, under the patronage of AC Sparta Praha Floorball Club.

Important: Students must wear sports clothes and suitable outdoor sports shoes. Registration is not through the school system. If interested, please contact us directly via email:

vojta.spartakids@email.cz, phone: +420 702 675 672, or through the website krouzekflorbalu.cz.

Floorball is intended for students in preschoolers and Grades 1-2 – Tuesday, 13:15-14:00

Price: 120 CZK / lesson





GYMNASTICS 1,2- Aneta Holasová



In this club, children will learn the basics of gymnastics and modern gymnastics. General physical training helps develop their perseverance and concentration. We aim for children to see sport as fun, naturally cooperate in a team, and enjoy healthy competition. Through playful activities, we help children develop proper movement habits, agility, and coordination (obstacle courses, climbing exercises, light gymnastics or athletic exercises, and more). Over time, their flexibility, body control, and reaction speed improve.

Important: Students must wear sports clothes and suitable sports shoes.

Gymnastics 1 is for beginners – Wednesday, 15:00–16:00

Gymnastics 2 is for children with some prior gymnastics experience – Wednesday, 16:00–17:00

Price: 180 CZK / lesson

PARKOUR 1, 2 – Jan Rosenbaum

Parkour teaches children how to overcome obstacles in both urban and natural environments. They will practice activities such as running, jumping, vaulting, climbing, balancing, crawling, moving on all fours, and more. In this club, children will also learn about the philosophy of parkour and its basic techniques.

Important: Students must wear sports clothes and suitable sports shoes.

Parkour 1 is intended for children in grades 1.–3. – Monday, 15:00–16:00

Parkour 2 is intended for children in grades 3.–5. – Monday, 16:00–17:00

Price: 180 CZK / lesson





DANCE GROUP WONDERLAND- Karolína Fídmuc

Dance Group Wonderland is for all dance lovers, regardless of age or experience level. Participants will get to know various dance styles, learn choreography, develop a sense of rhythm, and become a true team player. In addition to regular training, the group takes part in selected school events, providing a great opportunity to showcase their skills. Come and have fun with us!

Important: Students must wear sports clothes and suitable sports shoes.

TS Wonderland 1 is intended for all children in grades 1.-5. - Tuesday, 15:00-16:00

TS Wonderland 2 is intended for all children in grades 6.-9. - Tuesday, 16:00-17:00

Price: 150 CZK / lesson + costume

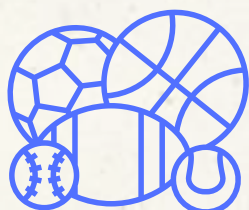
ALL-ROUNDER- Nikola Průšová

Do you want to have lots of fun and try different sports? In our All-Rounder Club, children will get to know ball games, movement activities, and fun sports competitions. We develop coordination, endurance, and teamwork, while enjoying the shared joy of being active. The club is suitable for everyone who wants to explore new sports and spend their time actively.

Important: Students must wear sports clothes and suitable sports shoes.

All-Rounder Club is intended for children in grades 1.-3. - Thursday, 15:00-16:00

Price: 100 CZK / lesson





KID'S PILATES- Aneta Rolcová

Play, stretch, strengthen the body, and learn to feel your own breath – all this awaits in our children's club. Pilates exercises help kids improve posture and strengthen the core in a playful way. Yoga provides gentle stretching, balance, and concentration, and with yoga games, children are never bored. And to top it all off, we finish with laughter yoga, where we laugh heartily, release tension, and take a good mood with us for the whole day.

This club is suitable for children who enjoy calm and gentle movement. We recommend that parents consider whether this is right for their child.

Important: Children need sportswear and comfortable clothing.

Kids' Pilates is intended for children in grades 1-5 – Wednesday, 14:00-15:00

Price: 150,-/lesson

UNIVERSAL SELF-DEFENSE 1, 2 – Libor Větrovec

This club combines elements of Judo, Jiu-Jitsu, and modern self-defense. During lessons, we develop basic movement skills, balance, reaction time, endurance, reflexes, and self-defense techniques. An integral part of the club is focusing on mutual respect, self-control, courtesy to others, and prevention – learning how to avoid conflicts. All of this takes place in a friendly atmosphere inspired by the eight moral principles of the samurai.

Important:

Universal Self-Defense 1 is intended for children in grades 1-2 – Friday, 13:45-14:30

Price: 200,-/lesson

Universal Self-Defense 2 is intended for children in grades 3-5 – Friday, 14:30-16:00

Price: 250,-/lesson





ENGLISH CLUB –english teacher

The English Club is designed as a support class for students who need more regular practice and vocabulary reinforcement. Children will have the opportunity to converse, review, and discuss the material covered.

Important:

Speaking: For children in grades 1-2 – Monday, 14:10-14:55

Board Games: For children in grades 1-2 – Tuesday, 14:10-14:55

Reading, Writing and Vocabulary: For children in grades 3-5 – Monday, 15:00-15:45

Speaking and Board Games: For children in grades 3-5 – Tuesday, 15:00-15:45

Price: 100,-/lesson

PERSONAL DEVELOPMENT AND TELENT GROWTH- Marcela Sekyrová

The aim of this club is to support children in discovering and developing their strengths, talents, and unique abilities. Lessons take place in a fun and playful way through practical activities, movement games, cooperative tasks, and creative projects. Children learn to better understand themselves, collaborate with others, express their ideas, and build self-confidence. Emphasis is placed on a positive atmosphere, teamwork, and the joy of discovery.

Important:

Personal development and talent growth 1 is for children in grades 1-3 – Thursday, 14:10-14:55

Personal development and talent growth 2 is for children in grades 4-6 – Thursday, 15:00-15:45

Price: 120,-/lesson





SPANISH FOR BEGINNERS- Lucie Pochopová

The club is designed for complete beginners. Children will be introduced to the Spanish language in a playful way. They will learn basic phrases (numbers, colors, days of the week) and cover thematic topics such as "What's your name?", "How are you?", "Do you have siblings?" and more.

Important:

Spanish for Beginners: For children in grades 1-4 -
Wednesday, 15:00-15:45

Price: 120,-/lesson

SPANISH FOR PARENTS - Kateřina Světlíková

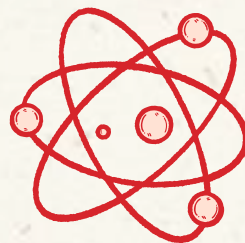
The club is designed to help adults acquire the basics of the Spanish language in a friendly and relaxed environment. The course focuses on practical skills needed for everyday communication, including conversation, listening, and basic grammar. In addition, participants will get acquainted with the culture of Spanish-speaking countries. The club is ideal for parents who want to expand their language skills and communicate with their children or travel to Spanish-speaking countries.

Important:

The club is for adults - Tuesday, 8:35-9:20

Price: 250,-/lesson





SCIENCE CLUB— Erica Yamane

Fun Science: The club aims to develop children's natural curiosity by encouraging interest in exploring nature and its laws. It introduces children to biology, chemistry, and physics as a world full of mysteries and secrets, even before they formally study these subjects. The core of the club is independent work by the children. Each lesson is designed so that every little researcher can try experiments on their own, experience something new, and discover their own ways. Simply put, to see what happens when... With a respectful approach to children, the instructor strives to create a safe and pleasant environment where they can explore and experiment with interest. We also learn from mistakes—nothing is wrong. The club is conducted in English.

Important:

Fun Science is for children in grades 1-5 -
Thursday, 15:00-15:45

Price: 120,-/lesson

CZECH LANGUAGE, MATHEMATICS, GENERAL KNOWLEDGE PREPARATION

These clubs are intended for students in grade 5 who want to review, practice, and consolidate their knowledge of Czech language and mathematics before entrance exams for multi-year grammar schools.

Important: These clubs are only for students from classes 5.A and 5.B.

Czech Language – Tuesday, 7:45-8:30

Mathematics – Friday, 7:45-8:30

General Knowledge – Monday, 7:45-8:30

Price: 100,-/lesson





VAŘENÍ 1, 2 – Miroslav Utitz

Children will learn to use kitchen tools safely, follow recipes, and cook together in small groups. They will explore healthy foods, learn to avoid waste, decorate and serve dishes, and record recipes in their Cook's Journal. Each lesson ends with cleaning up, and by the end of the year, they will be able to cook simple dishes independently.

Important: Bring a work T-shirt or apron, a kitchen towel, a container for the finished dish, and writing tools; ingredients for cooking are included in the club fee.

Cooking 1 is designed for children in grades 1-3 -
Monday, 14:00-15:00

Cooking 2 is designed for children in grades 1-3 -
Tuesday, 14:00-15:00

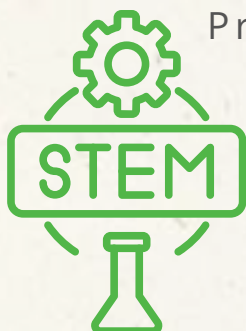
Price: 250,-/lesson

STEM CLUB – Zoe Hamdan

Children will take part in fun and engaging projects in science, technology, engineering, and mathematics, developing critical thinking, problem-solving, and teamwork skills. They will also strengthen their English skills, including listening, speaking, reading, and writing.

Important:
Stem Club is for children in grades 1-5 -
Wednesday, 14:10-14:55

Price: 100,-/lesson





LITTLE MEDIC – Jan Rosenbaum

In this club, children learn how to act safely in real-life situations when they or someone else is in danger. They are taught not to ignore emergencies and to provide help when needed. Kids are introduced to basic first aid, the work of firefighters, police officers, and paramedics, and gain awareness of how to behave in crises. Using real rescue equipment, they practice methods for stabilizing fractures, learn about the work of a canine unit, and become familiar with important phone numbers, warning signals, healthy lifestyle principles, environmental protection, and basic topography.

Important:

Little Medic is for preschoolers and children in grades 1-3 – Monday, 14:00-15:00

Price: 150,-/lesson

DUNGEONS & DRAGONS 1,2– Richard Jenčo

Enter a world of imagination, where you can become a brave hero, a wise wizard, or a cunning thief! In the Dungeons & Dragons club, we create exciting stories together, solve puzzles, overcome obstacles, and explore unknown worlds. Children develop imagination, logical thinking, teamwork, and decision-making skills. Each session is a different adventure, where the only limit is your imagination.

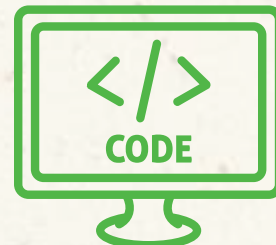
Important:

Dungeons & Dragons 1 is for children in grades 1-5 – Wednesday, 14:00-15:30

Dungeons & Dragons 2 is for children in grades 1-5 – Wednesday, 15:30-17:00

Price: 150,-/lesson





PROGRAMMING – Ondřej Dadák

Through the basic, freely available program Scratch, the Programming Basics club offers children creative work with a PC. In a playful and fun way, children first learn to understand the principles of programming and then try to use them to complete tasks or work with images, sounds, or their own imagination and creativity. For example, they can create their own game, which they can present to friends or family. The club is designed for children who can handle basic computer programs. Its content, difficulty, and pace are adapted to the needs and abilities of each group.

Important:

Programming is for children in grades 3-5 – Friday, 15:00-16:00

Price: 200,-/lesson

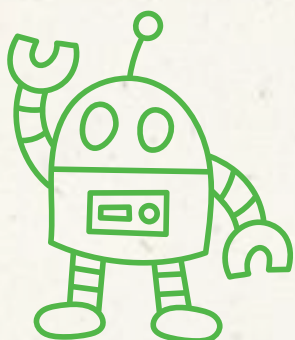
LEGO ROBOTICS 1 – Moises Torres

In the club, children work with LEGO sets, a tablet, and software. They learn to build robotic models following instructions and gain basic programming skills in a graphical environment. They practice math, mechanics, and programming abilities while also developing creativity, imagination, and manual skills. The LEGO Robotics club naturally fosters patience and teaches children to work both independently and as part of a team.

Important:

LEGO Robotics 1 is for children in grades 3-5 – Monday, 15:00-16:00

Price: 300,-/lesson





ACTING— Lukáš Pařík

This club focuses mainly on spoken language and proper verbal as well as nonverbal expression. Children explore different forms of dialogue, learn about storytelling and communication, and also the differences between true and false statements. Throughout the year, they have the opportunity to practice their rhetorical skills during various school events and concerts.

Important:

This club is for students in grades 2-9 – Thursday, 15:45-16:30

Price: 150,-/lesson

GIRL'S CLUB 1, 2– Klára Plecháčková, Aneta Rolcová

The club is designed for all girls who want to meet regularly and create in a safe space where they can share not only their joys but also any worries or concerns. The club activities include various creative projects and cooking in line with the seasons (making Christmas gifts, decorations, talking about upcoming holidays, baking healthy cakes, cookies, sweets, etc.). Each week we will have a different theme and spend a pleasant afternoon together. Overall, the club focuses on fostering friendships and developing children's emotional intelligence.

Do you want to regularly meet after school with your friends, spend a nice afternoon, and chat about girl stuff in peace and without boys? Do you enjoy cooking, baking, crafting, and making things? Then the Girls' Club is the right place for you!

Important:

The Girl's Club 1 is for girls in grades 1-5 – Thursday, 14:00-15:00- Klára Plecháčková

The Girl's Club 2 is for girls in grades 1-5 – Thursday, 15:00-16:00- Aneta Rolcová

Price: 150,-/lesson





ARTIFICIAL INTELLIGENCE & DIGITAL CREATION— external company Logiscool

The club combines creativity with modern technologies. Participants will get acquainted with the basics of generative artificial intelligence and creating with prompts (text, image, sound, and video). They will gradually explore digital drawing, color theory, pixel art, composition, various artistic styles, and 3D creation. They will try character animation, work with audiovisual outputs (music, voices, avatars, short videos), and discover the history of digital drawing as well as how AI influences contemporary art. The course will culminate in a final virtual exhibition of students' works.

Important:

Artificial Intelligence & Digital Creation is for students in grades 3-5 - Wednesday, 14:00-14:55

Price: 300,-/lesson