

AFTERNOON ACTIVITIES

1. semester
2024/2025





ART CLUB 1, 2 – Monika Mills

It will be a mixture of all the art clubs now, we will do a different theme every week and a new technique and style. 3D work, Painting, Drawing, Print making. This course will solely be in English.

Important:

Art club 1 is intended for students of 1st and 2nd grade – Monday, 14:10 – 14:55

Art club 2 is intended for 3rd – 5th graders – Monday, 15:00 – 15:45

Price: 100,-/lesson

DEUTSCH CLUB – Jitka Tichá

The Deutsch Club is a fun and interactive group focused on improving German language skills. Children learn new vocabulary, practice grammar, and enhance their conversational abilities through games, songs, and other engaging activities. The club is ideal for both beginners and advanced learners who want to deepen their knowledge of German in a friendly environment.

Important:

Deutsch club is intended for beginners also for intermediate and advanced students – Tuesday, 15:45 – 16:30

Price: 100,-/lesson

GIRL'S CLUB - Klára Plecháčková

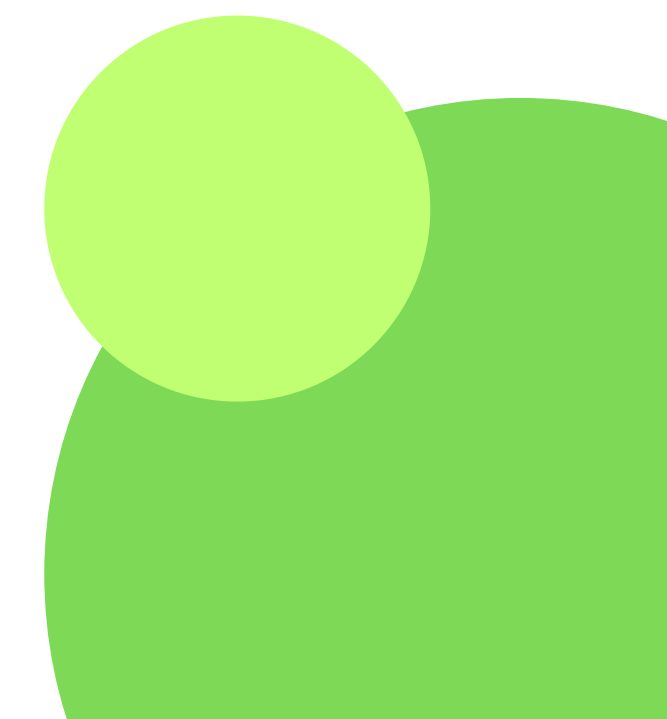
This club is designed for all girls who want to meet regularly and create a safe space where they can share not only their joys but also their sorrows and worries. The club will include various creative activities for example cooking in accordance with the seasons (making Christmas gifts, decorations, talking about the upcoming holidays, baking healthy cakes, cookies, candies, etc.). Each week we will have a different theme and spend a pleasant afternoon together. Overall, the club will focus on fostering friendships and developing children's emotional intelligence.

Do you want to meet your friends regularly after school, spend a nice afternoon and chat about girl stuff in a calm private boy-free setting? Do you enjoy cooking, baking, creating and crafting? Then the girls club is the right place for you!

Important:

Girls Club is for girls - Wednesday, 14:00 – 15:00

Price: 120,-/lesson





ENGLISH CLUB (English teachers)

The English club is designed as a support class for students who need more frequent regular practice and vocabulary reinforcement. They will have the opportunity to converse and further repeat and consult the subject matter.

Important:

Speaking is intended for 1st & 2nd graders – Monday, 14:10 – 14:55

Boarding games is intended for 1st & 2nd graders – Tuesday, 14:10 – 14:55

Reading, writing and vocabulary intended for 3rd – 5th graders – Monday, 15:00 – 15:45

Speaking and board games intended for 3rd – 5th graders – Tuesday, 15:00 – 15:45

Price: for free

FLOORBALL – SPARTA KIDS

Do you like sports, entertainment and want to learn floorball? The new floorball club is here for you! It doesn't matter if you are a beginner or advanced, we teach in a fun way that will keep you entertained. The number of participants in the group is limited, so don't hesitate and sign up. The club is led by licensed coaches with extensive experience under the auspices of the floorball club AC Sparta Prague.

Important: Students must wear sports clothes and suitable outdoor sports shoes for the club. You cannot sign up for the clubs through the system, if you are interested, please contact the contact person directly - sign up by email: spartakids@email.cz, tel. 728021907.

Floorball is intended for preschoolers, 1st and 2nd graders – Tuesday, 13:15 – 14:00

FOOTBALL CLUB – Brian Moynihan

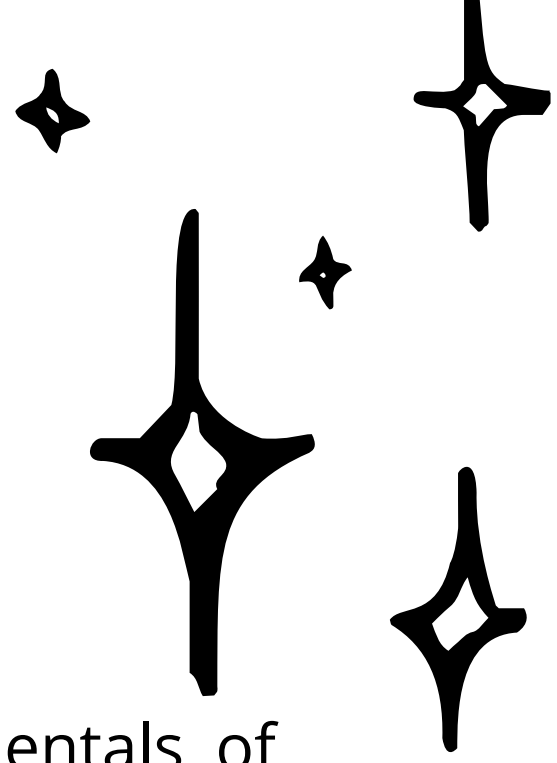
The football club is intended for all children who want to meet regularly with friends and engage in the most popular team sport. Each lesson will contribute to the development of their speed, dexterity, and overall coordination. Students will learn the basics of football technique – ball processing, passing, zigzagging, guiding the ball and finishing with a shot. Last but not least, they will learn to apply the rules correctly, and thus strengthen the behaviour of fair play.

Important: Students must wear sportswear and suitable sports shoes.

Football club is intended for pre-schoolers, 1st and 2nd graders – Wednesday, 14:10 – 14:55

Price: 100,-/lesson





GRAPHIC DESIGN – Monika Mills

This engaging workshop introduces middle school students to the fundamentals of graphic design. They will learn about essential design principles such as color theory, typography, and composition. Through hands-on activities, students use design software to create their own digital artwork, including posters, logos, and social media graphics. The workshop encourages creativity and critical thinking, providing students with the skills to express their ideas visually. By the end of the session, students gain a solid foundation in graphic design and a portfolio of their creations to showcase their newfound talents.

Important:

Graphic design is intended for middle school students – Tuesday, 15:45 – 16:30

Price: 100,-/lesson

GYMNASTICS 1, 2 - external lecturer

Children will get to learn the basics of gymnastics and modern gymnastics. General sports training will strengthen their diligence and concentration. We try to make children perceive sport as fun way to naturally cooperate in a team and at the same time be healthy competitive. In gymnastics lessons, we help children develop proper movement habits or skills and dexterity in the form of play (monkey tracks, various attachment exercises, light gymnastic or athletic exercises, etc.). Through this way, children will gradually increase not only their dexterity and flexibility of the whole body, but also the ability to coordinate movements and the speed of their reaction.

Important:

Gymnastics 1 is intended for students in 1st and 2nd grades - Monday, 14:00 – 15:00

Gymnastics 2 is intended for students in 3rd to 5th grades - Monday, 15:00 – 16:00

Price: 150,-/lesson



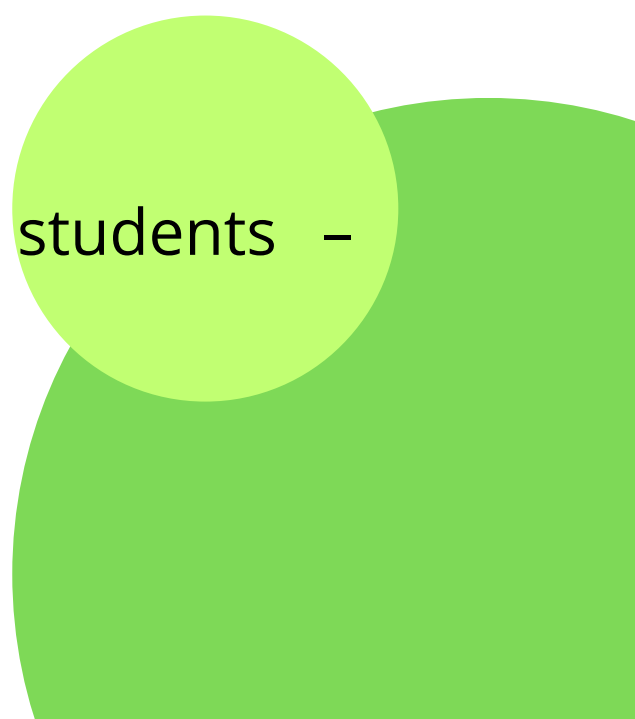
JUDO – external lecturer

Students learn not only basic techniques of judo in the form of games, but they also learn mutual respect, self-control, and the ability to work with friends. The content of the course is also general sports training and acquisition of basic movement skills. During the year, children will also learn about the history of judo, some commands in Japanese and the sports etiquette that is an integral part of judo.

Important:

Judo is intended for beginners also for intermediate and advanced students – Thursday, 16:00 – 17:00

Price: 200,-/lesson



CERAMICS WORKSHOP 1, 2 – Courtney Campbell

What will bring more joy than when a child makes a statue, an animal, a cup... there are no limits to imagination. Venus of Věstonice is remembered for almost thirty thousand years, so ceramics is one of the oldest crafts. In children, it develops sensitivity, sensitivity and fine motor skills. We get to know ceramic processes and techniques, we paint with glazes and engobes, we involve imagination and we mainly produce and burn. Clay can be discovered and transformed indefinitely. Dress your child in an old apron or shirt, add a rag under the clay and look forward to his products.

Important: Children need old clothes to avoid smearing the school uniform.

Ceramics 1 is intended for 1st and 2nd graders – Tuesday, 14:10 – 15:10

Ceramics 2 is intended for 3rd - 5th graders – Tuesday, 15:10 – 16:10

Price: 200,-/lesson

HANDYMAN – Jiří Plíva

For this course, we will use drills, saws, hammers, screwdrivers, chisels, and tape measures, as well as various materials such as wood, rubber, fabric, and sheet metal. The functions of these tools and materials will be demonstrated during the lesson, and our instructor will give an explanation of how to work safely with them. The children will then use their new skills to create a variety of fun and useful products. Projects may include the construction of items such as birdhouses, picture frames, tables, and whistles. The last stage of the course will be learning how to treat and clean all of our tools and putting our workroom to rights. Children will take home their completed projects.

Important:

Handyman is intended for kindergarten and 1st grade. – Wednesday, 14:00 – 14:45

Price: 150,-/lesson

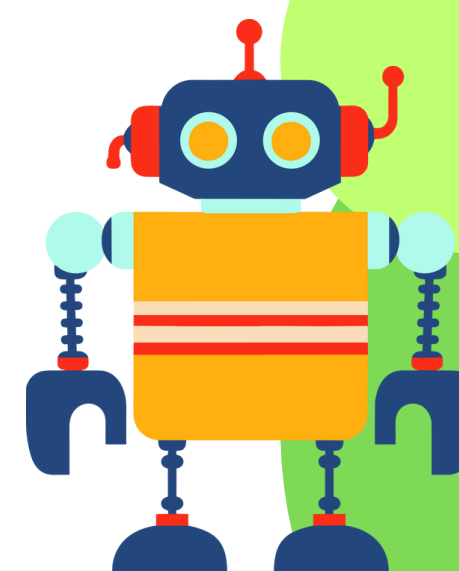
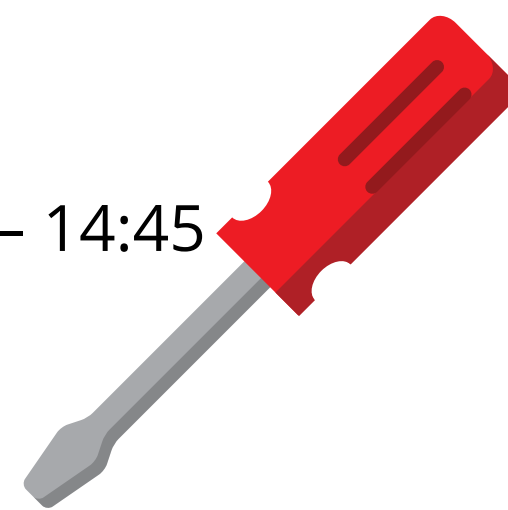
LEGOROBOTICS – Moises Torres (three-time champion of the New York State Lego Robotics title)

The club's program is based on the Lego Education concept, in a fun way instill the basics of Programming with a kid friendly approach. They practice mathematics, mechanics and programming skills. At the same time, they develop their creativity, imagination and manual dexterity. The main goal of the club along with its educational aspect is naturally to strengthen patience and teach children to work both independently and teamwork.

Important:

Legorobotics is for students in grades 2 - 6 – Friday, 15:00 – 16:00

Price: 300,-/lesson





YOUNG PARAMEDIC – Jan Rosenbaum

In this club, children learn how to proceed in real life situations when they or someone else finds themselves in danger situation. They learn not to be indifferent and not to be afraid to give help at the right time. They will get to know the basics of first aid, learn about the activities of firefighters, police and rescuers. They gain awareness of behavior in crisis situations. By using safely real rescue materials, they will try out fracture fixation methods, learn about the work of a cynologist, acquire knowledge of important telephone numbers and warning signals, principles of a healthy lifestyle, environmental protection and the basics of topography.

Important:

Young Paramedic is intended for pre-schoolers and students from 1st and 2nd grades - Thursday, 14:00 – 15:00

Price: 150,-/lesson

ACTING – Lukáš Pařík

We will focus mainly on a spoken word and correct verbal as well as nonverbal expression. We will try different forms of dialogue, we'll get to know narratives, messages, but also the differences between true and false statements. Children will have the opportunity to test their rhetorical skills at various school events and concerts throughout the year.

Important:

Acting is intended for students in 2nd to 9th grades – Thursday, 15:45 – 16:30

Price: 100,-/lesson



PARKOUR 1, 2 – Jan Rosenbaum

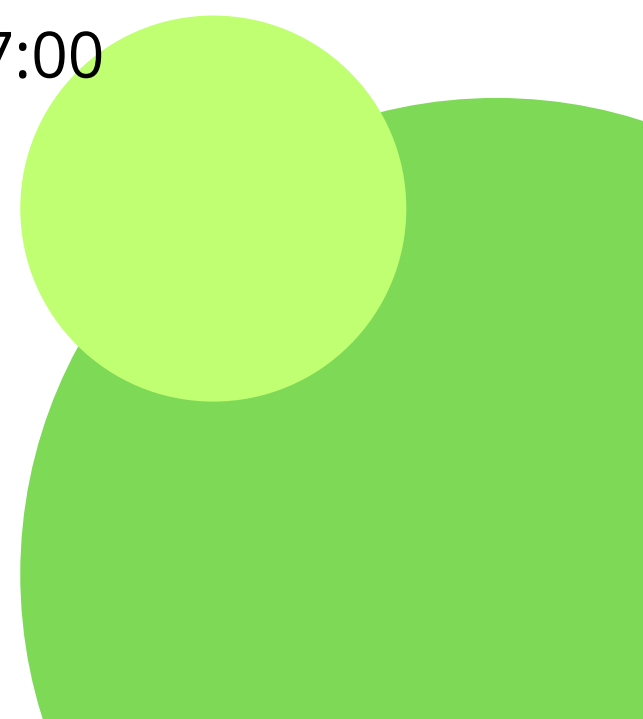
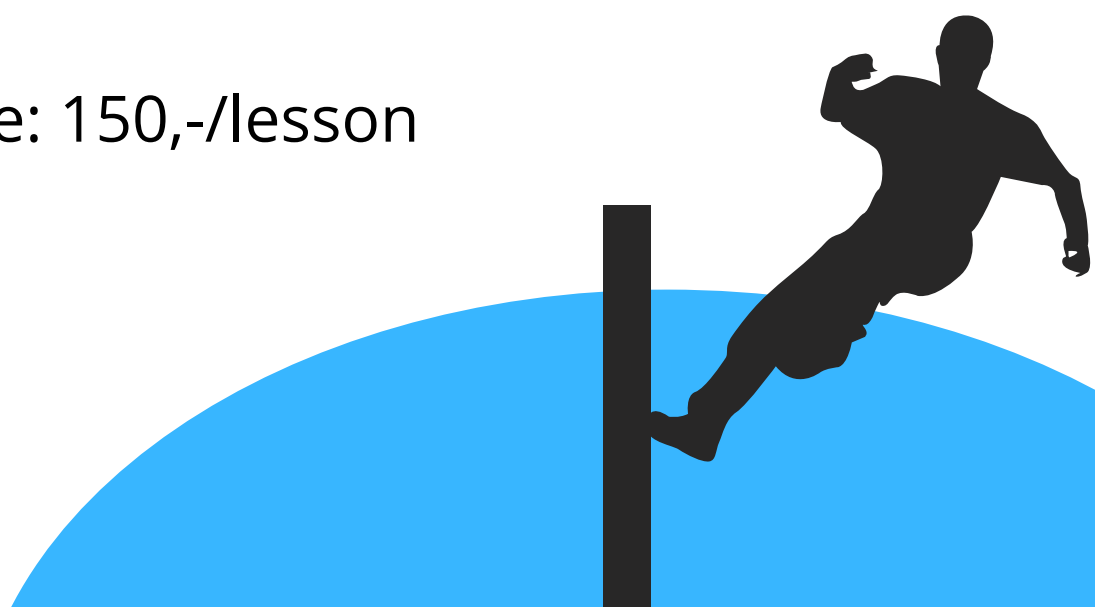
Parkour teaches children to overcome obstacles in urban and natural terrain. They will practice activities such as running, jumping, skipping, climbing, balancing, crawling, moving on all fours and more. In the circle, children get to know the philosophy of parkour and learn its basic techniques.

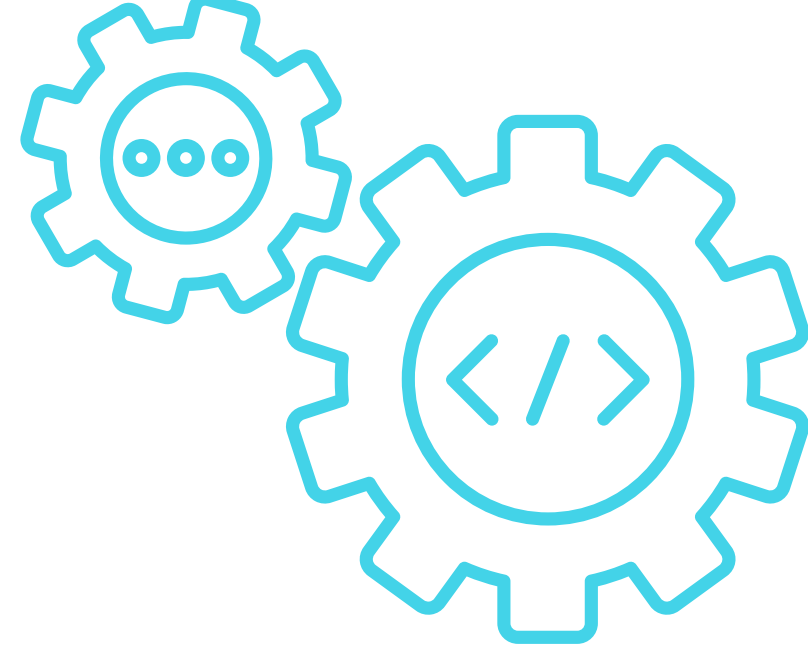
Important:

Parkour 1 is intended for students in 1st – 3rd grades - Thursday, 15:00 – 16:00

Parkour 2 is intended for students in 3rd – 6th grades - Thursday, 16:00 – 17:00

Price: 150,-/lesson





PROGRAMMING – Ondřej Dadák

Through the freely available Scratch program, the Programming club offers children a creative way to work with a PC, where they first learn to understand the principles of programming in a playful and entertaining way and then learn to use it to complete tasks or to work with images, sound and their own imagination and creativity until they create, for example, their own game, which they can present to their friends and family. The club is intended for children who can master basic user programs. We adapt its content, difficulty and pace to the needs and possibilities of each group.

Important:

Programming is intended for students of 3rd and 5th grade – Monday, 15:00 – 16:00

Price: 200,-/lesson

CZECH LANGUAGE PREPARATION, MATHEMATICS, GENERAL OVERVIEW

The clubs are intended for 5th graders who want to repeat, practice and consolidate the Czech language and mathematics curriculum before entrance exams to multi-year high schools.

Important: These clubs are intended only for students from classes 5.A and 5.B.

Czech language - Tuesday, 7:45 – 8:30

Mathematics - Friday, 7:45 - 8:30

General Overview - Monday, 7:45 - 8:30



Price: 100,-/lesson

SPANISH FOR BEGINNERS - Lucie Pochopová

The class is designed for beginners. Children will get acquainted with the Spanish language in a playful way. They will learn basic phrases (numbers, colours, days of the week) and will master the thematic circles (What is your name? How are you? Do you have siblings, etc.).

Important:

Spanish for Beginners is for students in grades 1 to 4 - Wednesday, 15:00 – 15:45

Price: 100,-/lesson





SPANISH FOR PARENTS - Kateřina Světlíková

The Spanish for Parents group is designed to help adults acquire the basics of the Spanish language in a friendly and relaxed environment. The course focuses on practical skills needed for everyday communication, including conversation, listening, and basic grammar. Additionally, participants will be introduced to the culture of Spanish-speaking countries. The group is ideal for parents who want to expand their language skills and communicate with their children or travel to Spanish-speaking countries.


Important:

The club is intended for adults - Tuesday, 15:50 – 16:35

Price: 150,-/lesson



SPANISH: PREPARATION FOR DELE - Kateřina Světlíková



The Spanish: Preparation for DELE group is designed for students who want to intensively prepare for the international DELE exam. During the course, we will focus on strengthening all language skills – reading, writing, listening, and speaking. Students will become familiar with the exam format, practice typical tasks, and learn strategies for successfully completing the test. The group is ideal for those who want to achieve a certificate confirming their knowledge of Spanish at various levels according to the Common European Framework of Reference (CEFR).

Important:

The Spanish: Preparation for DELE club is intended for advanced students in grades 3 to 5 - Tuesday, 15:00 – 15:45

Price: 100,-/lesson

STEM CLUB 1, 2 – Jennifer Dickinson

In our after-school STEM club, children will participate in fun and engaging projects in the fields of science, technology, engineering and mathematics, which will encourage critical thinking, analysis, collaboration. At the same time, students will deepen their existing English language skills, such as listening, speaking, reading and writing.

Important:

STEM club 1 is intended for students 1st and 2nd grades - Tuesday, 14:00 – 15:00

STEM club 2 is intended for students in 3rd – 5th grades - Tuesday, 15:00 – 16:00

Price: 100,-/lesson



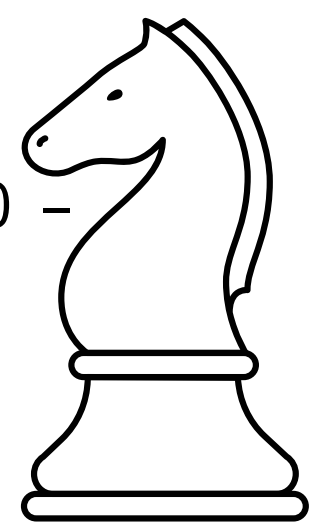
CHESS CLUB - Josef Štefl

Beginners will get to know the basic rules of the game of chess and gradually play their first games with the help of a teacher. More experienced children will refine the strategy of the game as they play. Chess develops logical and strategic thinking in children, exercises memory and basic mathematics and strengthens concentration.

Important: Having own chess set is recommended.

Chess Club is intended for beginners as well as advanced players – Monday, 15:00 – 16:00

Price: 150,-/lesson



DANCE GROUP WONDERLAND - Karolína Fidrmuc

The Dance Group Wonderland is designed for all dance enthusiasts, regardless of age or experience level. Participants will explore various dance styles, learn choreography, develop their sense of rhythm, and become effective team members. In addition to regular training sessions, the group participates in selected school events, providing a great opportunity to showcase their skills. Come and have fun with us!

Important:

The Wonderland Dance Group is for all dance lovers - Tuesday, 15:00 – 16:00

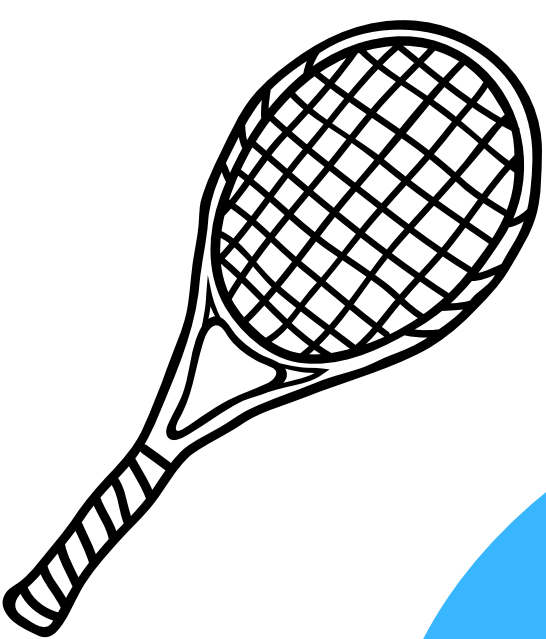
Price: 100,-/lesson + costumes



TENNIS - Daniel Cordt

This club focuses on tennis, which is the first step to improving each child's coordination, physical and language skills. After completing the club, children will be equipped with all the skills necessary to transition to a real "adult" tennis court. Children learn in a fun way in the form of games, competitions and, last but not least, conversations in a chosen foreign language. Teaching takes place in English, always in combination with Czech, so that everyone always understands and the level corresponds to their abilities. The lessons are led by coaches with extensive experience in running sports clubs and teaching tennis.

Important: The clubs are not registered through the school system, if you are interested, please contact directly - Mr. Daniel Cordt, tel. 775244232, c3tennis@gmail.com.



TV WONDERLAND - Lucie Plíšková

Do you want to learn the basics of journalism? Do you want to take a look under the hood of the newsroom and learn how to conduct interviews? Are you interested to work behind the camera? Then this club is just for you. You will learn the basics of verifying information, how to do interviews, what shots are important. It also includes an excursion to one of the most famous TV stations in the Czech Republic.

Important:

TV Wonderland is for all students - every odd week, Thursday, 15:00 – 15:45

Price: 100,-/lesson



ARTIST PAINTING – Michelle Arsenault

We will follow the path to art, with professional and motivating support. We will learn artistic techniques such as acrylic painting, oil painting, watercolor, charcoal, pastel, chalk, dripping, water washed painting, working with silver/gold leaf, and become familiar with various painting tools such as palette, easel, canvas, brushes, spatulas, sponges and varnish. This is an inspiring program with many genres (figure, portrait, still life, landscape, abstraction, basic illustration, etc.). Among other things, we will learn to recognize famous painters and their works in a pleasant and motivating environment. If you want to foster an artistic spirit in your child, then this course is the ideal preparation. Children may also find the exhibition of their own works inspiring.

Important:

Art Painting is intended for 2nd – 5th grades - Thursday, 14:10 – 15:10

Price: 450,-/lesson



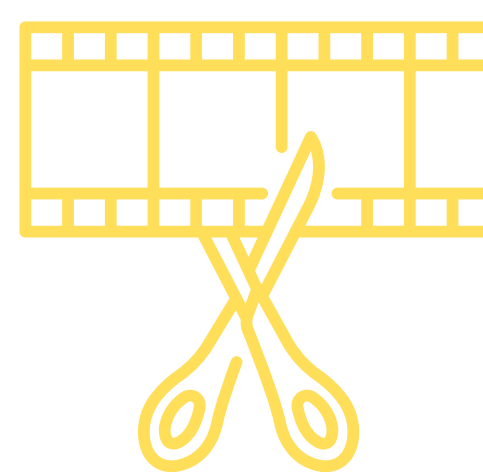
THE ART OF VIDEO EDITING - Monika Mills

The video editing workshop for middle school students introduces participants to the basics of video editing using popular software. It covers essential skills such as importing and organizing clips, basic editing techniques, adding transitions and effects, and editing audio. Students also learn how to create titles and export their final projects. The workshop includes hands-on practice and collaborative activities, ensuring students gain practical experience and confidence in their video editing abilities.

Important:

The Art of Video Editing is intended for students in grades 8 and 9 - Tuesday, 16:30 – 17:15

Price: 100,-/ lesson



UNIVERSAL SELF-DEFENSE 1, 2 – Libor Větrovec

The Self-defence club is a selection of elements of Judo, Jiu-jitsu and modern selfdefence. During the lessons we develop basic movement skills, balance, reaction time, endurance, reflexes and self-defence techniques. An integral part of the circle is a focus on mutual respect, self-control, decency for others and prevention of how to prevent conflict. All this takes place in a friendly atmosphere in the spirit of the eight moral principles of the samurai.

Important: The club is intended for pre-schoolers and students from 1st to 5th grade.
Universal self-defense 1 is intended for 1st and 2nd graders - Friday, 13:45 – 14:30.
Price: 200,-/lesson

Universal self-defense 2 is intended for 3rd - 5th grade students - Friday, 14:30 – 16:00.
Price: 220,-/lesson

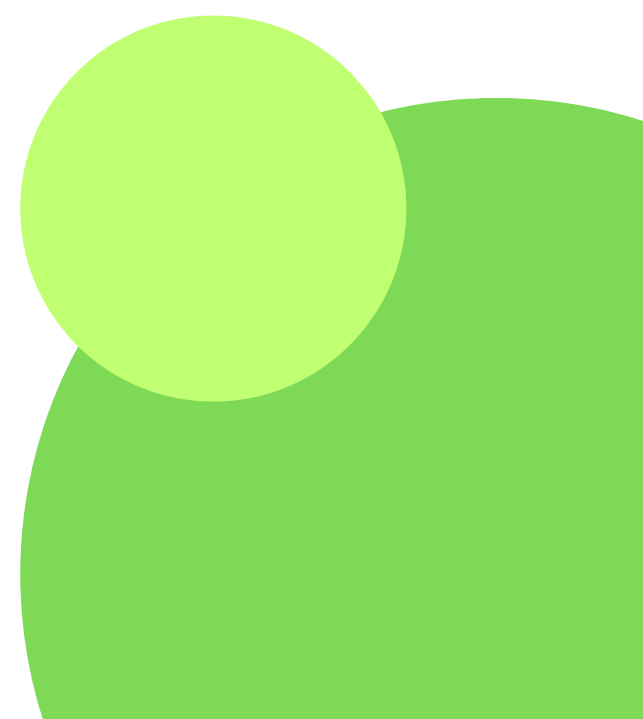
COOKING 1, 2 – Denisa Davidová, Gabriela Boďová

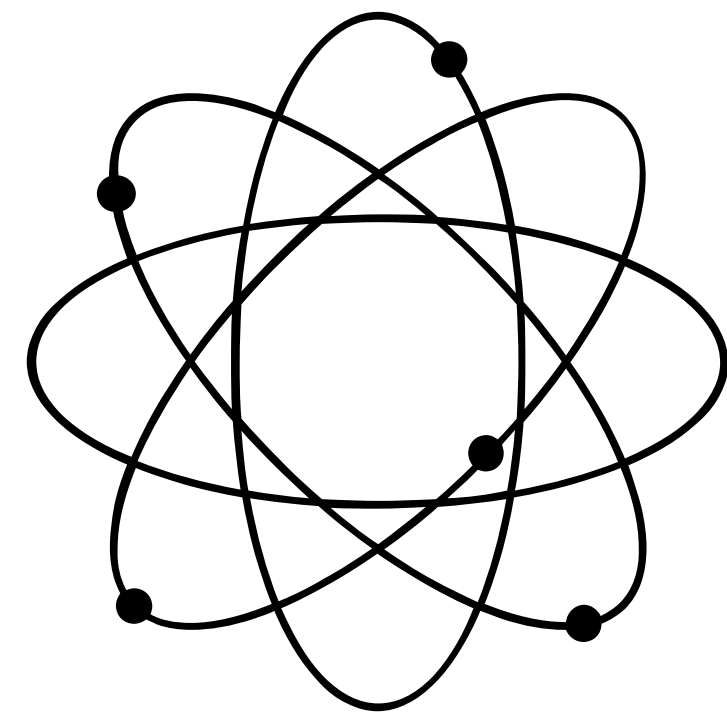
Children learn about the safe use of kitchen tools, learn to work with a recipe and understand the workflow. During each lesson, they first get acquainted with a new recipe, prepare a tasty dish together and an integral part of the class is the final kitchen clean-up. The children work together in groups to cook. During the club they learn about healthy food, how not to waste food and how to decorate and serve food. The children can write down the recipes they have tested or plot them in their Cook's Diary. The children share their finished dish as a group, appreciating each other's work and sometimes bringing home a small taste of their cooking skills. At the end of the school year, they manage to cook simple recipes on their own.

Important:

Cooking 1 is intended for 1st – 3rd graders - Tuesday, 14:10 – 15:10, Denisa Davidová
Cooking 2 is intended for 1st – 3rd graders - Thursday, 14:00 – 15:00, Gabriela Boďová

Price: 200,-/lesson





HAPPY SCIENCE – external lecturer

Hocus pocus seeks to develop a child's natural curiosity by promoting an interest in exploring nature and its laws. It shows children biology, chemistry, and physics as a world full of mysteries and secrets, even before they study these subjects. The essence of the circle is independent work of children. The content of the lesson is designed so that every little researcher can try for themselves, experience something new, discover their own paths. "Just try what happens when" With a respectful approach to children, the teacher creates a safe and pleasant environment in which they can discover and research with interest. We also learn with mistakes, nothing is wrong...

Important:

Happy science is intended for 1st – 5th graders - Wednesday, 15:00 – 16:00

Price: 150,-/lesson